

Principles of Diabetes Care

**Evidence-based management for
health professionals**

2nd edition

Note

Healthcare practice and knowledge are constantly changing and developing as new research and treatments, changes in procedures, drugs and equipment become available.

The authors and publishers have, as far as is possible, taken care to confirm that the information complies with the latest standards of practice and legislation.

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Evidence-based management for health professionals

2nd edition

edited by

Anne Phillips



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This textbook is firstly dedicated to all my colleagues who work with people experiencing diabetes and who strive to make things better accordingly.

Also, for Ron and Joan Cooper who were simply the best parents ever and Brian Phillips - always loved.

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Foreword

It is a testament to the usefulness of this book that it has needed a second edition after four years. Chapters have been updated and new areas are covered such as goal setting, diabetes distress, and diabetes and severe mental illness. Sadly the numbers of people developing diabetes continues to rise as does the prevalence of obesity. The NHS Diabetes Prevention Strategy has been launched and for it to succeed we will need collaborative work across all health care sectors and legislation. In this latter regard the news of a soon to be introduced sugar tax is very welcome. This book is admirably placed to inform and help all agencies involved in diabetes prevention and treatment.

Professor RW Bilous
The James Cook University Hospital
Middlesbrough, UK
October 2016

About the editor

Anne Phillips is a National Teaching Fellow and a Queens Nurse. She currently works as a Senior Lecturer in Diabetes Care at the University of York. She has previously worked as a District Nurse and a Diabetes Specialist Nurse in both community and acute care, and is on the editorial board of *Practice Nursing*.

List of contributors

- Francesca Annan* is a Clinical Specialist Paediatric/Adolescent Diabetes Dietitian at University College Hospital, London
- Dr Myint Myint Aye* is a Consultant Physician in Diabetes and Endocrinology, Blackpool Teaching Hospitals NHS Trust, Blackpool
- Dawn Bowness* is an Advanced Podiatrist, Harrogate and District NHS Foundation Trust, Harrogate
- Paul Burland* is a Specialist Podiatrist, Harrogate and District NHS Foundation Trust, Harrogate and York Centre for Diabetes and Endocrinology, York
- Janet Carling* is a Lead Diabetes Specialist Nurse, Harrogate and District NHS Foundation Trust, Harrogate
- Julie Cropper* is a Genetic Diabetes Nurse covering Yorkshire and the Humber, and Transition Lead for Children and Young Peoples Diabetes Team, Leeds Children's Hospital Trust
- Professor Gill Furze* is a Professor of Cardiovascular Rehabilitation and President, British Association for Cardiovascular Prevention and Rehabilitation, Centre for Technology Enabled Health Research, University of Coventry, Coventry
- Carole Gelder* is a Lecturer Practitioner in Diabetes at the University of York and a Children's Diabetes Specialist Nurse/Clinical Educator, Leeds Teaching Hospitals NHS Trust, Leeds
- Dr Warren Gillibrand* is a Senior Lecturer in Adult Nursing, University of Huddersfield, West Yorkshire
- Dr Sheila Hardy* is a Senior Research Fellow, Northamptonshire Healthcare NHS Foundation Trust, Northampton, Honorary Senior Lecturer, UCL, London, and Postgraduate nurse educator, Charlie Waller Memorial Trust Visiting Fellow, University of Northampton, Northampton
- Kim Hamson* is a Diabetes Education Nurse Facilitator, Novo Nordisk Ltd.
- Dr Gillian Hawthorne* is a retired Consultant Community Diabetologist and previous Head of the Clinical Diabetes Service, Newcastle Diabetes Service, Newcastle General Hospital, Westgate Road, Newcastle upon Tyne
- Dr Phil Holdich* is a Senior Lecturer in Adult Nursing, University of Huddersfield, West Yorkshire
- Dr Andrew Inglis* is a GP with an interest in the management of Diabetes, Tadcaster Medical Centre, North Yorkshire and a former Clinical Assistant in Diabetes at York Hospital

Dr Paul Jennings is a Consultant Physician in Diabetes and Endocrinology, York Diabetes and Endocrine Centre, York Teaching Hospital NHS Foundation Trust, York

Dr Rhodri King is a Clinical Lecturer in Diabetes and Endocrinology, Leeds Institute for Cardiovascular and Metabolic Medicine, LIGHT labs, University of Leeds, Leeds

Dr Paul Laboi is a Consultant Nephrologist with a special interest in Diabetes at York Teaching Hospital NHS Foundation Trust, York

Clare MacArthur is a Lecturer/Practitioner in Diabetes Care at the University of York and a Senior Diabetes Specialist Nurse at The Friarage Hospital, South Tees Hospitals NHS Foundation Trust, Northallerton

Dr Ewan Masson is a Consultant Diabetologist and lead in the diabetic foot clinic, The Brocklehurst Centre, Hull Royal Infirmary, Hull

Anne Phillips is a Senior Lecturer in Diabetes Care, a National Teaching Fellow and a Queens Nurse, University of York, Heslington, York

Stephen Phillips is a Senior Lecturer in Primary Care, University of Huddersfield, West Yorkshire

Paul Pipe-Thomas is an Advanced Dietitian for Diabetes, The Robert Hague Centre for Diabetes & Endocrinology, Barnsley Hospital NHS Foundation Trust, Barnsley

Dr Chinnadorai Rajeswaran is a Consultant Physician in Diabetes and Endocrinology, Kirklees Weight Management Service, Dewsbury & District Hospital, The Mid Yorks NHS Trust, Wakefield

Dr Vicky Robins is a Consultant Nephrologist and Acute Medicine at Pinderfields Hospital, The Mid Yorkshire Hospitals NHS Trust, Wakefield

Dr Eleanor M Scott is a Senior Lecturer in Medicine, Leeds Institute of Cardiovascular and Metabolic Medicine, University of Leeds and Consultant in Diabetes and Endocrinology, Leeds Teaching Hospitals NHS Trust, Leeds

Maggie Shepherd is an Honorary Clinical Senior Lecturer at the Peninsula Medical School and Research Fellow at the Royal Devon and Exeter NHS Foundation Trust, Exeter, Devon

Theresa Smyth is a Consultant Nurse in Diabetes, Diabetes Centre, Selly Oak Hospital, University Hospitals Birmingham NHS Foundation Trust, Birmingham

Dion Smyth is a Lecturer-practitioner in Cancer and Palliative Care, Birmingham City University, Birmingham

Catherine Storey is a Diabetes Dietitian Team Lead, Harrogate & District NHS

Foundation Trust, Harrogate

Jerome Wright is a Senior Lecturer in Mental Health & International Health and
at the University of York, Heslington, York

Russell Yates is a Lecturer and Provost at the University of York, Heslington,
York