Tips, tricks and pearls in reconstructive and aesthetic breast surgery

Royal College of Physicians, London

Scientific Programme

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Conference Co-Chairs

Jian Farhadi MD PD
Director Department of Plastic & Reconstructive Surgery, Guy’s and St Thomas’ Hospital, London

Jaume Masia MD PhD
Chief of Plastic Surgery Department, Hospital de la Santa Creu i Sant Paul, Barcelona
Welcome Message

Dear friends and colleagues

We are very pleased to invite you to the second London Breast Meeting, scheduled for the 4th to 5th September 2015. The inaugural London Breast Meeting in September 2014 was a huge success with more than 35 international faculty members and over 320 delegates.

This 2 day CPD certified meeting will be focused mainly on the practical aspects of aesthetic and reconstructive breast surgery with tips, tricks and pearls, whilst the scientific aspects were explored at the Barcelona Breast Meeting in March 2015.

We will continue with the format of pre-recorded video sessions and open panel discussions. The faculty will present different techniques for the same procedure. New sessions will be introduced, such as an interview of an expert by other experts on a particular technique, offering the audience the opportunity to ask detailed technical questions. The experts will also share changes and innovations in their practice over the past year.

Once again, attendees are invited to present a challenging case with an innovative solution, and the winner nominated by the audience will be awarded a prize.

London is a vibrant and exciting city, comprised of a variety of cultural, academic and scientific points of interest, both new and old.

We hope you will join us in London to share your knowledge and experience.

Jian Farhadi MD PD
Director Department of Plastic & Reconstructive Surgery, Guy’s and St Thomas’ Hospital, London

Jaume Masia MD PhD
Chief of Plastic Surgery Department, Hospital de la Santa Creu i Sant Paul, Barcelona
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**Friday, September 4th 2015**

07.15-08.45  **Registration and refreshments**

08.45-09.00  **Welcome and introduction by Jian Farhadi (UK) & Jaume Masia (SPA), Conference Chairs**

09.00-10.00 **Session 1: Implant reconstruction following mastectomy**

**Chairs: James Namnoum (USA) & Mark Ho-Asjoe (UK)**

- **Introduction and overview by James Namnoum (USA)**
- **Topic 1: Mastectomy planning in the large and ptotic breast**
  - Roy de Vita (ITA), Gerald Gui (UK)
- **Topic 2: Tips and tricks in nipple sparing mastectomy**
  - Jean-Yves Petit (ITA), Roy de Vita (ITA)
- **Topic 3: Implant reconstruction post-radiotherapy**
  - Stefano Pompei (ITA), Michael Scheflan (ISR)
- **Topic 4: Technical refinements of the LD flap**
  - Cédric George (SWI), Nicolas Leymarie (FRA)
- **Discussion**

10.00-11.00 **Session 2: The second stage following implant reconstruction**

**Chairs: Gerald Gui (UK) & Yoav Barnea (ISR)**

- **Introduction and overview by Gerald Gui (UK)**
- **Topic 1: How to do fat grafting to the thin skin envelope**
  - Michael Scheflan (ISR), Jean-Yves Petit (ITA)
- **Topic 2: Tips and tricks of nipple reconstruction**
  - Stefano Pompei (ITA), Alfred Fitoussi (FRA)
- **Topic 3: Strategies for solving complications and unfavourable results**
  - Mark Ho-Asjoe (UK), James Namnoum (USA)
- **Discussion**

11.00-11.30 **Refreshments and exhibition viewing**

11.30-12.15 **Session 3: The Battle: The future of breast reconstruction – autologous vs hybrid (implant, ADM, fat)**

**Referee: Günter Germann (GER)**

**Autologous:** Phillip Blondeel (BEL), Jaume Masia (SPA)

**Hybrid:** Michael Scheflan (ISR), James Namnoum (USA)

12.15-12.45 **Session 4: Exhibitors Session**

12.45-14.00 **Lunch and exhibition viewing**

14.00-15.30 **Session 5: Refinements of autologous reconstruction**

**Chairs: Stefan Hofer (CAN) & Jaume Masia (SPA)**

- **Introduction and overview by Stefan Hofer (CAN)**
- **Topic 1: Latest advances in autologous flaps for thin patients:**
  - PAP, LAP, LTP, DCIA Venkat Ramakrishnan (UK), Stefania Tuinder (NED), Koenraad van Landuyt (BEL), Ed Buchel (CAN)
- **Topic 2: Marking of DIEP, SGAP and TUG flaps**
  - Ed Buchel (CAN), Phillip Blondeel (BEL), Aldona Spiegel (USA), Venkat Ramakrishnan (UK), Koenraad van Landuyt (BEL), Eric Santamaria (MEX)
- **Topic 3: How to shape the flap in a delayed setting**
  - Martin Haug (SWI), Christoph Andree (GER)
- **Topic 4: Sensation of the reconstructed breast**
  - Aldona Spiegel (USA)
- **Topic 5: SIEA flap**
  - Ed Buchel (CAN)
- **Discussion**

15.30-16.15 **Session 6: How to achieve consistent results in autologous breast reconstruction**

**Chairs: Eric Santamaria (MEX) & Stefania Tuinder (NED)**

- **Introduction and overview by Eric Santamaria (MEX)**
- **Topic 1: The DIEP flap under 4 hours**
  - Ed Buchel (CAN)
- **Topic 2: Tips and tricks of the anastomosis**
  - Christoph Andree (GER), Stefan Hofer (CAN)
- **Topic 3: Management of the congested flap**
  - Philip Blondeel (BEL), Jaume Masia (SPA)
- **Topic 4: Pain management in autologous reconstruction**
  - Stefan Hofer (CAN)
- **Discussion**

16.15-16.45 **Refreshments and exhibition viewing**

16.45-17.30 **Session 7: Surgery for lymphoedema**

**Chairs: Aldona Spiegel (USA) & Venkat Ramakrishnan (UK)**

- **Introduction and overview by Aldona Spiegel (USA)**
- **Topic 1: How to raise a vascularised lymph node groin flap**
  - Koenraad van Landuyt (BEL)
- **Topic 2: How to perform lymphatico-venous bypass**
  - Jaume Masia (SPA)
- **Topic 3: What is the management post-lymphoedema surgery?**
  - Christoph Andree (GER)
- **Discussion**
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17.30-18.00  **Session 8: Best case, best save**  
- Presentation of most challenging, unusual cases and their solutions by delegates (6-8 cases to be presented)  
  *Moderators: Eric Santamaria (MEX), Koenraad van Landuyt (BEL)*

18.00-19.00  Networking reception

19.00-22.00  Social function

Saturday 5th September

07.45-08.00  Registration and refreshments

08.00-08.45  Breakfast seminar: Anastomosis techniques in breast reconstruction  
  *Venkat Ramakrishnan (UK), Stefan Hofer (CAN), Christopher Andree (GER)*  
  Proudly supported by ZEISS and S&T Instruments

09.00-10.00  **Session 9: Breast conservation surgery**  
  *Chairs: Stefano Pompei (ITA) & Helen McEvoy (UK)*  
  - Introduction and overview  
  - Topic 1: How to deal with the medial quadrant  
  - Topic 2: Recurrence following breast conservation surgery  
  - Topic 3: Lipofilling in breast conservation  
  *Yoav Barnea (ISR), Jean-Yves Petit (ITA)*  
  *Discussion*

10.00-10.45  **Session 10: Congenital breast deformity**  
  *Chairs: Michael Scheflan (ISR) & Alfred Fitoussi (FRA)*  
  - Introduction and overview  
  - Topic 1: When and how to use expanders/implants and flaps  
  - Topic 2: Non-invasive correction of pectus excavatum by custom made silicone implant  
  *Helen McEvoy (UK), Jan Jernbeck (SWE), Venkat Ramakrishnan (UK)*  
  *Discussion*

10.45-11.15  Refreshments and exhibition viewing

11.15-12.05  **Session 11: Breast augmentation**  
  *Chairs: Roy de Vita (ITA) & Cédric George (SWI)*  
  - Introduction and overview  
  - Topic 1: Subfascial augmentation combined with fat  
  - Topic 2: Augmentation in the moderately ptotic breast  
  *Ernst Magnus Noah (GER), Stefano Pompei (ITA)*  
  *Giovanni Botti (ITA), Patrick Mallucci (UK), James Namnoum (USA)*  
  *Discussion*

12.05-12.15  **Special session: Breast implant-associated anaplastic large cell lymphoma: staging, disease progression, and management strategies**  
  *Mark Clemens (USA)*

12.15-13.15  Lunch and exhibition viewing

12.45-13.15  Acelity™ sponsored symposium  
- Material selection in breast reconstruction: where’s the evidence?  
  *Mark Ho-Asjoe (UK)*

13.15-14.00  **Session 12: Mastopexy/reduction**  
  *Chairs: Patrick Mallucci (UK) & Phillip Blondeel (BEL)*  
  - Introduction and overview  
  - Topic 1: How to avoid the double bubble in augmentation-mastopexy  
  - Topic 2: How and when to use slings and meshes in breast reduction  
  *Ernst Magnus Noah (GER), Mark Ho-Asjoe (UK)*  
  *Discussion*

14.00-15.00  **Session 13: The not so perfect result**  
  *Chairs: Jan Jernbeck (SWE) & Christoph Andree (GER)*  
  - Introduction and overview  
  - Topic 1: Correction of nipple position  
  - Topic 2: Correction of bottoming out  
  - Topic 3: How to correct rippling  
  *James Namnoum (USA), Patrick Malluci (UK)*  
  *Aldona Spiegel (USA), Eric Santamaria (MEX), Giovanni Botti (ITA)*  
  *Roy de Vita (ITA), Alfred Fitoussi (FRA)*  
  *Discussion*

15.00-15.30  Refreshments and exhibition viewing

15.30-16.30  **Session 14: What have I changed in my practice in the last year?**  
  *Chairs: Jaume Masia (SPA) & Jian Farhadi (UK)*

16.30  Close of conference
REGISTRATION FORM

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Online: www.londonbreastmeeting.com | Email: conferences@markallengroup.com

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DELEGATE RATES
Standard rate (Consultants, Surgeons, Associate Specialists, Staff Grade, Specialty Doctor, or equivalent)
£525.00

Trainee/Nurses rate (From Core and Foundation Trainee levels up to Specialist Registrar or equivalent)
£375.00

Delegate social function Friday 4th September 19.00-22.00 (Canapés and drinks included)
£35.00

All prices for registration are in British Pound Sterling (£) and include 20% VAT. After your registration a confirmation together with an invoice will be sent to you. Registrations without concurrent payment cannot be considered. Cancellation before July 20th: 50% of the registration fee; Cancellation after July 20th: no refund. Cancellation has to be made to MA Healthcare Ltd in writing only. On-Site-Registration rate: £700.00.

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For further accommodation options please go to the website: www.londonbreastmeeting.com
GENERAL INFORMATION

For more information and to register: www.londonbreastmeeting.com

Friday, 4th – Saturday, 5th September 2015
Royal College of Physicians, 11 St Andrew’s Place, Regent’s Park, London, NW1 4LE

Type of Event
Two-day practical international expert symposium on aesthetic and reconstructive breast surgery. Video and open discussion sessions by key opinion leaders.

Confirmed Faculty
Christoph Andree, Germany
Yoav Barnea, Israel
Phillip Blondeel, Belgium
Giovanni Botti, Italy
Edward Buchel, Canada
Jean-Pierre Chavoin, France
Mark Clemens, USA
Roy de Vita, Italy
Alfred Fitoussi, France
Cédric George, Switzerland
Günter Germann, Germany
Gerald Gui, UK
Martin Haug, Switzerland
Mark Ho-Asjoe, UK
Stefan Hofer, Canada
Jan Jernbeck, Sweden
Nicolas Leymarie, France
Patrick Mallucci, UK
Jaume Masia, Spain
Helen McEvoy, UK
James Namnoum, USA
Ernst Magnus Noah, Germany
Jean-Yves Petit, Italy
Stefano Pompei, Italy
Richard Rainsbury, UK
Venkat Ramakrishnan, UK
Eric Santamaria, Mexico
Michael Scheflan, Israel
Aldona Spiegel, USA
Christoph Tausch, Switzerland
Stefania Tauscher, Netherlands
Koenraad Van Landuyt, Belgium

Scientific Committee
Chairman: Jian Farhadi, United Kingdom
Chairman: Jaume Masia, Spain

Conference Secretary: Marlene See, United Kingdom