Common Problems in Aesthetic and Reconstructive Breast Surgery

Royal College of Physicians, London

Scientific Programme

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NEW: Pre-Conference Video Workshops: 5th September 2018

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Conference Co-Chairs

Professor Jian Farhadi
Consultant Plastic and Reconstructive Surgery, Guy’s & St Thomas’ Hospital, London, UK

Professor Jaume Masia
Chief of Plastic Surgery Department, Hospital de la Santa Creu i Sant Paul, Barcelona, Spain

Conference Secretary

Ms Marlene See
Consultant Plastic and Reconstructive Surgeon, Guy’s & St Thomas’ Hospital, London, UK

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In Association with
Dear friends and colleagues

We are very pleased to invite you to the fifth London Breast Meeting, scheduled for the 5th-8th September 2018. Together with the Barcelona Breast Meeting, we aim to cover the entire spectrum throughout the year.

The focus for 2018 is Common Problems in Aesthetic and Reconstructive Breast Surgery, and we are delighted to welcome our prestigious Faculty from all over the world.

This year, we will be hosting a pre-conference video workshop the day before the main programme, where a variety of video techniques will be presented by the Masters. Following the success of last year, there will also be a parallel Nurses Day programme aimed at breast care nurses, wound care specialists and allied health professionals to provide updates and highlights of the complete breast care pathway.

We will be holding our Friday night social function at Tramp, one of the most exclusive members clubs in the world, so we hope you can join us for an evening of elegance, food, drink and live music.

If you are unable to attend the London Breast Meeting, you can register for our live online broadcast which will ensure that you don’t miss a thing! http://live.londonbreastmeeting.com

We are looking forward to welcoming you back to London.

Yours sincerely,

Professor Jian Farhadi
Consultant Plastic & Reconstructive Surgery, Guy’s and St Thomas’ Hospital, London, UK

Professor Jaume Masia
Chief of Plastic Surgery Department, Hospital de la Santa Creu i Sant Paul, Barcelona, Spain
## Scientific Programme

### Wednesday 5th September 2018

**Video Workshops**
Choose between either Session 1 or Session 2

**Session 1**
Moderator: Richard Rainsbury (UK)

14.00 – 14.20  Nipple sparing mastectomy techniques  
Alberto Rancati (ARG)

14.20 – 14.40  Tips and tricks in oncoplastic breast surgery  
Albert Losken (USA)

14.40 – 15.00  Shaping the breast using the LD flap with or without implants  
Nicolas Leymarie (FRA)

15.00 – 15.30  Tips and tricks in pre-pectoral reconstruction  
kindly supported by Integra Gerald Gui (UK)

15.20 – 15.40  New techniques in performing lumpectomy  
kindly supported by Sysmex James Harvey (UK)

15.40 – 15.55  The use of ICG for sentinel lymph node  
Charlotte Ngo (FRA)

**Session 2**
Moderator: Eric Santamaria (MEX)

14.00 – 14.30  How to assess patients with lymphoedema  
Peter Neligan (USA) & Gemma Pons (ESP)

14.30 – 14.50  Tips and tricks on how to raise a DIEP flap  
David Chang (USA)

14.50 – 15.10  Shaping of the DIEP flap in delayed breast reconstruction  
Mark Smith (USA)

15.10 – 15.30  Neurotisation of the DIEP flap  
kindly supported by Axogen Ridal Djohan (USA)

15.30 – 16.00  Tips and tricks in pre-pectoral reconstruction  
kindly supported by Raise Healthcare Marzia Salgarello (ITA)

16.00 – 16.30 Refreshments

**Session 3**
Moderator: Marzia Salgarello (ITA)

16.30 – 16.50  Mastopexy: how to combine with implant or mesh  
Dennis Hammond (USA)

16.50 – 17.10  The perfect abdominoplasty  
Marcela Sanchez Vargas (COL)

17.10 – 17.30  Planning breast augmentation  
Phillip Blondeel (BEL)

17.30 – 17.50  Composite breast augmentation  
Daniel Del Vecchio (USA)

### Thursday 6th September 2018

07.00 – 08.30  Registration and refreshments

08.30 – 08.45  Welcome by Jian Farhadi (UK) & Jaume Masia (ESP)

08.45 – 10.15  Common Problems in Breast Oncology  
Chairs: Richard Rainsbury (UK) & Peter Neligan (USA)

10.15 - 10.45 Refreshments and exhibition viewing

10.45 – 12.30  Common Problems in Breast Surgery  
Chairs: Walter Weber (SWI) & Florian Fitzal (AUT)

12.00 – 12.30  Keynote Address: in conversation with the Masters of lymphatic surgery  
Jaume Masia (ESP), Sinikka Suominen (FIN), David Chang (USA), Peter Neligan (USA)

12.30 – 13.00 Lunchtime Symposium  
kindly supported by Medtronic

13.30 – 14.30  Free Paper Session: Surgical Pearls in Aesthetic and Reconstructive Surgery  
Chairs: Mark Ho-Asjoe (UK) & Michael Knauer (SWI)

Pre-pectoral versus retro-pectoral implant-based breast reconstruction: a comparison of the procedure-related

Utility of two surgical techniques using a lateral intercostal artery perforator flap after breast-conserving surgery: A single-center retrospective study  
Kim Jae Bong, 5 mins + 1 min Q&A
Scientific Programme

complication rates
Christine Deutschmann, 5 mins + 1 min Q&A
- An innovation in mapping techniques to aide lymphatic preservation in axillary lymph node dissection and prophylactic lymphatico-venous bypass using operating microscope
Risal Djohan, 5 mins + 1 min Q&A
- Utilising business intelligence and lean system applications to improve efficiency in breast surgery
Margaret Hannah, 5 mins + 1 min Q&A
- Minimally invasive total extra-peritoneal lap-assisted deep inferior epigastric pedicle harvest: preserving abdominal wall integrity
Eric Jablońka, 5 mins + 1 min Q&A
- Cost-utility analysis of inpatient flap monitoring after microsurgical breast reconstruction and implications for hospital length of stay
Eric Jablońka, 5 mins + 1 min Q&A
- Post-operative wool pads instead of forced-air warming blankets post microsurgical procedures
Welmoed Keijzer, 5 mins + 1 min Q&A
- Breast reconstruction with fat grafting and implant for irradiated breast cancer patients. Standardisation of the technique between one, two and three fat grafts and follow-up
Mario Marquez, 5 mins + 1 min Q&A
- Exploitation mastopexy with superior roll technique
Si-Hyun Park, 5 mins + 1 min Q&A
- Autologous breast reconstruction algorithm in the asian patient
Jeremy Sun, 5 mins + 1 min Q&A
14.30 – 15.45 Common Problems in Oncoplastic Surgery
Chair: Tibor Kovacs (UK) & Nicolas Leymarie (FRA)
- How to avoid oncological failures in the small breast
Isabelle Sarfati (FRA) & Walter Weber (SWI)
- The medial quadrant: tips and tricks
Albert Losken (USA) & Alexandre Munhoz (BRA)
- How to correct nipple malposition following breast conserving surgery
Gregory Evans (USA)
- Lipofilling: safety and timing in the breast conserving surgery defect and the contralateral breast
Michael Knauer (SWI)
- Contralateral symmetrisation: tips, tricks and timing
Marzia Salgarello (ITA)
15.45 – 16.15 Refreshments and exhibition viewing
16.15 – 16.35 Thoracic perforator flaps vs mini LD flap
Chair: Albert Losken (USA) & Chris Andree (GER)
Phillip Blondeel (BEL) & Richard Rainsbury (UK)
16.35 – 17.15 The discussion cases: BCS vs mastectomy in DCIS
Chair: Albert Losken (USA), Chris Andree (GER)
Gregory Evans (USA), Sinikka Suominen (FIN), Tari King (USA), Javier Sanz (SPA), Sarah Pinder (UK) & Stefano Pompei (ITA)
17.15 – 17.45 Afternoon Symposium
kindly supported by Raise Healthcare
Braxon: Pre-pectoral reconstruction
Charles Malata (UK) & Joanna Skillman (UK)
17.45 – 19.30 LBM Welcome Reception
Friday 7th September 2018
07.00 – 07.30 Registration and refreshments
07.30 – 08.00 Breakfast Symposium
kindly supported by Motiva
Nanosurfaces and silicone gel breast implants: current aspects
Alexandre Munhoz (BRA)
08.00 – 09.30 Common Problems in Implant-Based Reconstruction
Chair: Nigel Mercer (UK) & Eric Santamaria (Mex)
- Do's and don'ts in pre-pectorall breast reconstruction
Albert Losken (USA) & Roy de Vita (ITA)
- Direct to implant reconstruction when you can't afford an ADM
Alberto Rancati (ARG) & Marcella Sanchez Vargas (COL)
- Exchange of the expander to permanent implant: timing and technique
Alexandre Munhoz (BRA)
- Fat grafting techniques to permanent implant
Isabelle Sarfati (FRA)
- Immediate nipple grafting: tips and safety concerns
Nicolas Leymarie (FRA)
- Nipple reconstruction in the thin skin envelope
Mark Ho-Asjoe (UK)
- Implant salvage: when do we give up?
Stefano Pompei (ITA)
09.30 – 10.00 Symposium
kindly supported by GC Aesthetics
Alan Park (UK)
- Smooth Implants: Back to the future or forward to the past?
Fabio Santanelli do Pompeo (ITA)
- Safety of new generation Silicone breast implants: Excellence in shell, gel and shape
Alan Park (UK)
10.00 – 10.30 Refreshments and exhibition viewing
10.30 – 11.00 Roundtable discussion: immediate reconstruction in the irradiated breast
Chairs: Andrea Pusic (USA) & Phillip Blondeel (BEL)
Isabelle Sarfati (FRA) & Gregory Evans (USA)
11.00 – 11.30 IBSA best practice session: Diagnosis of capsular contracture
Chair: Jian Farhadi (UK)
Roy de Vita (ITA), Nicolas Leymarie (FRA), Jaume Masia (ESP), Chris Andree (GER) & Stefano Pompei (ITA)
11.30 – 12.00 Keynote Address: How I changed my practice after learning from my mistakes
Chair: Jian Farhadi (UK)
Patrick Maxwell (USA)
12.00 – 12.30 Lunchtime Symposium
kindly supported by Integra
Scientific Programme

Patient-centric decision making around breast reconstruction
Chair: Gerald Gui (UK) & Ash Khotari (UK) & Ash Mosahebi (UK)

12.00 – 13.00 Lunch and exhibition viewing

13.00 – 14.40 Autologous Reconstruction: Challenges
Chairs: JP Hong (KOR) & Koenraad van Landuyt (BEL)
- Fast track autologous reconstruction service
  Mark Smith (USA) & Christian Bonde (DEN)
- Large breast, small belly
  Venkat Ramakrishnan (UK)
- Failed flap: how and when to use the second free flap
  David Chang (USA) & Michael Saint-Cyr (USA)
- Venous congestion: intra-operative and post-operative options
  Eric Santamaria (MEX)
- Revision of the reconstruction: when do we stop?
  Michael Saint-Cyr (USA)
- Can we fulfill patient expectations?
  Andrea Pusic (USA)

14.40 – 14.55 Special Topic, kindly supported by Lockton
Malpractice: how to deal with the letter from the lawyer
Flora McCabe (UK)

14.55 – 15.30 Refreshments and exhibition viewing

15.30 – 17.00 Autologous Reconstruction: The donor site
Chairs: Venkat Ramakrishnan (UK) & Jaume Masia (ESP)
- Planning the donor site
  Koenraad van Landuyt (BEL) & Mark Smith (USA)
- The abdominal bulge
  Christian Bonde (DEN)
- Rectus divarication: to repair or not to repair
  Gemma Pons (ESP)
- Seroma: how to prevent and treat
  Michael Saint-Cyr (USA) & Chris Andree (GER)
- Umbilicoplasty: to preserve or create?
  Marzia Salgarello (ITA)
- Panel Discussion: Chronic abdominal pain
  All Faculty
- Discussion

17.00 – 17.30 The Innominate Lecture
Chairs: Jian Farhadi (UK) & JP Hong (KOR)

17.30 – 18.00 Afternoon Symposium
kindly supported by Smith and Nephew

18.00 – 20.00 Networking Reception

20.30 – late Friday night at TRAMP! Mayfair

Saturday 8th September 2018

08.30 – 09.00 Registration and refreshments

09.00 – 10.15 Common Problems in Aesthetic Breast Surgery
Chairs: Patrick Maxwell (USA) & Alberto Rancati (ARG)
- Addressing the sequelae of upper body in massive weight loss surgery
  Gregory Evans (USA)
- The mesh breast lift
  Roy de Vita (ITA)
- Pseudoptosis correction post reduction/mastopexy
  Marcella Sanchez Vargas (COL)
- How to avoid widening of the areola in periareolar mastopexy
  Dennis Hammond (USA)
- Augmentation-mastopexy: safe and easy
  Phillip Blondeel (BEL)
- Managing cysts following lipofilling
  Daniel Del Vecchio (USA)

10.15 – 10.45 Refreshments and exhibition viewing

10.45 – 12.00 The Challenging Breast Shape
Chairs: Dennis Hammond (USA) & Roy de Vita (ITA)
- Tuberous breast and other deformities: fat grafting vs implant advances
  Alberto Rancati (ARG), Daniel Del Vecchio (USA), Constantin Stan (ROM)
- Transgender breast surgery
  Marcella Sanchez Vargas (COL)
- Importance of correct fitting compression wear
  kindly supported by Lipoelastic
  Karen Perrett (UK)
- Roundtable discussion: Postop management after aesthetic breast surgery
  Daniel Del Vecchio (USA), Alberto Rancati (ARG), Constantin Stan (ROM)

12.00 – 13.00 Lunch and exhibition viewing

13.00 – 14.45 Implant-Related Problems in Aesthetic Breast Surgery
Chairs: Mark Ho-Asjoe (UK) & Gregory Evans (USA)
- Choice of implant: how has your practice changed in the last 5 years
  Dennis Hammond (USA) & Hyung-Bo Sim (KOR)
- How to correct rotation/malposition
  Patrick Maxwell (USA)
- Forum: Iatrogenic breast deformities following breast augmentation
  - Management of the inframammary crease
    Constantin Stan (ROM)
  - The waterfall effect: how to avoid and how to correct
    Patrick Maxwell (UK)
- "I just want fat and no more implant"
  Daniel Del Vecchio (USA)
- Transaxillary approach for breast augmentation
  Alexandre Munhoz (BRA) & Hyung-Bo Sim (KOR)

14.45 – 15.15 ALCL update and panel discussion
Dennis Hammond (USA), Nigel Mercer (UK), Roger Wixtrom (USA) & Roy de Vita (ITA)

15.15 – 15.45 What have I changed in my practice in the last year?
Chairs: Jian Farhadi (UK) & Jaume Masia (ESP)
All Faculty

15.45 Close of meeting
**GENERAL INFORMATION**

**Wednesday 5th - Saturday 8th September 2018**
Royal College of Physicians, 11 St Andrew’s Place, Regent’s Park, London, NW1 4LE

**Confirmed International Faculty**

- Chris Andree, Germany
- Phillip Blondeel, Belgium
- Christian Bonde, Denmark
- David Chang, USA
- Roy de Vita, Italy
- Daniel Del Vecchio, USA
- Gregory Evans, USA
- Florian Fitzal, Austria
- Dennis Hammond, USA
- Mark Harries, UK
- Mark Ho-Ashoe, UK
- JP Hong, South Korea
- Tari King, USA
- Michael Knauer, Switzerland
- Tibor Kovacs, UK
- Nicolas Leymarie, France
- Albert Losken, USA
- FIONA MacNeill, UK
- Patrick Maxwell, UK
- Nigel Mercer, UK
- Alexandre Munhoz, Brazil
- Peter Neligan, USA
- Charlotte Ngo, FRA
- Sarah Pinder, UK
- Stefano Pompei, Italy
- Gemma Pons, Spain
- Andrea Pusic, USA
- Richard Rainsbury, UK
- Venkat Ramakrishnan, UK
- Alberto Rancati, Argentina
- Michael Saint-Cyr, USA
- Marzia Salgarello, Italy
- Eric Santamaria, Mexico
- Javier Sanz, Spain
- Isabelle Sarfati, France
- Hyung-Bo Sim, South Korea
- Mark Smith, USA
- Constantin Stan, Romania
- Sinnika Suominen, Finland
- Koenraad van Landuyt, Belgium
- Marcella Sanchez Vargas, Colombia
- Walter Weber, Switzerland
- Roger Wixtrom, USA

**Delegate rates**

- **Standard 3 Day Registration** (6-8 Sept) ** Until 2nd July: £580.00** | **After 2nd July: £675.00**
- **Standard Registration with Video Workshops** (5-8 Sept) ** Until 2nd July: £660.00** | **After 2nd July: £755.00**
- **Trainee/Nurse 3 Day Registration** (6-8 Sept) ** Until 2nd July: £395.00** | **After 2nd July: £495.00**
- **Trainee/Nurse Registration with Video Workshops** (5-8 Sept) ** Until 2nd July: £475.00** | **After 2nd July: £575.00**
- **Video Workshop Day Only** (5 Sept) ** Until 2nd July: £180.00** | **After 2nd July: £200.00**
- **Nurses Day** (6 Sept) ** Until 2nd July: £65.00** | **After 2nd July: £85.00**
- **Friday night at TRAMP** (LB&M social function) (7 Sept) ** Until 2nd July: £65.00** | **After 2nd July: £65.00**
- **Live Online Broadcast** ** Until 2nd July: £120.00** | **After 2nd July: £120.00**
- **London Breast Meeting Online Membership** ** Until 2nd July: £250.00** | **After 2nd July: £250.00**

**Partnership with Barcelona Breast Meeting:**

London Breast Meeting and Barcelona Breast Meeting have teamed up to offer a 25% discount for all those attending both LBM2018 and BBM2018. Visit our website for details: [www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

**LONDON BREAST MEETING ONLINE LIBRARY:**

- If you can’t attend the meeting in London, you can follow all the LBM2018 presentations online
- Become a member of our LBM Online Library to access past presentations and additional resources

Visit: [https://live.londonbreastmeeting.com](https://live.londonbreastmeeting.com) for more information