



September 5-8, 2018

# LONDON BREAST MEETING

## Common Problems in Aesthetic and Reconstructive Breast Surgery

Royal College of Physicians, London

## Scientific Programme

[www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

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**NEW: Pre-Conference Video Workshops: 5th September 2018**

### Conference Co-Chairs

Professor Jian Farhadi  
Consultant Plastic and  
Reconstructive Surgery,  
Guy's & St Thomas' Hospital,  
London, UK

Professor Jaume Masia  
Chief of Plastic Surgery  
Department, Hospital de la Santa  
Creu i Sant Paul,  
Barcelona, Spain

### Conference Secretary

Ms Marlene See  
Consultant Plastic and  
Reconstructive Surgeon,  
Guy's & St Thomas' Hospital,  
London, UK

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**Online: [www.londonbreastmeeting.com](http://www.londonbreastmeeting.com) | Email: [conferences@markallengroup.com](mailto:conferences@markallengroup.com)**

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BARCELONA  
BREAST MEETING



Reconstructive Microsurgery  
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## Welcome Message

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Dear friends and colleagues

We are very pleased to invite you to the fifth **London Breast Meeting**, scheduled for the 5th-8th September 2018. Together with the Barcelona Breast Meeting, we aim to cover the entire spectrum throughout the year.

The focus for 2018 is **Common Problems in Aesthetic and Reconstructive Breast Surgery**, and we are delighted to welcome our prestigious Faculty from all over the world.

This year, we will be hosting a pre-conference **video workshop** the day before the main programme, where a variety of video techniques will be presented by the Masters. Following the success of last year, there will also be a parallel **Nurses Day programme** aimed at breast care nurses, wound care specialists and allied health professionals to provide updates and highlights of the complete breast care pathway.

We will be holding our Friday night social function at **Tramp**, one of the most exclusive members clubs in the world, so we hope you can join us for an evening of elegance, food, drink and live music.

If you are unable to attend the London Breast Meeting, you can register for our **live online broadcast** which will ensure that you don't miss a thing! <http://live.londonbreastmeeting.com>

We are looking forward to welcoming you back to London.

Yours sincerely,



Professor Jaume Masia  
Chief of Plastic Surgery Department,  
Hospital de la Santa Creu i Sant Paul,  
Barcelona, Spain

Professor Jian Farhadi  
Consultant Plastic & Reconstructive  
Surgery, Guy's and St Thomas'  
Hospital, London, UK



LondonBM



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London Breast Meeting



London Breast Meeting 2018

# Scientific Programme

## Wednesday 5th September 2018

### Video Workshops

Choose between either Session 1 or Session 2

#### Session 1

Moderator: **Richard Rainsbury** (UK)

- 14.00 – 14.20 **Nipple sparing mastectomy techniques**  
**Alberto Rancati** (ARG)
- 14.20 – 14.40 **Tips and tricks in oncoplastic breast surgery**  
**Albert Losken** (USA)
- 14.40 – 15.00 **Shaping the breast using the LD flap with or without implants**  
**Nicolas Leymarie** (FRA)
- 15.00 – 15.30 **Tips and tricks in pre-pectoral reconstruction**  
kindly supported by **Integra**  
**Gerald Gui** (UK)
- 15.20 – 15.40 **New techniques in performing lumpectomy**  
kindly supported by **Sysmex**  
**James Harvey** (UK)
- 15.40 – 15.55 **The use of ICG for sentinel lymph node**  
**Charlotte Ngo** (FRA)

#### Session 2

Moderator: **Eric Santamaria** (MEX)

- 14.00 – 14.30 **How to assess patients with lymphoedema**  
**Peter Neligan** (USA) & **Gemma Pons** (ESP)
- 14.30 – 14.50 **Tips and tricks on how to raise a DIEP flap**  
**David Chang** (USA)
- 14.50 – 15.10 **Shaping of the DIEP flap in delayed breast reconstruction**  
**Mark Smith** (USA)
- 15.10 – 15.30 **Neurotisation of the DIEP flap**  
kindly supported by **Axogen**  
**Risal Djohan** (USA)
- 15.30 – 16.00 **Tips and tricks in pre-pectoral reconstruction**  
kindly supported by **Raise Healthcare**  
**Marzia Salgarello** (ITA)

### 16.00 – 16.30 Refreshments

#### Session 3

Moderator: **Marzia Salgarello** (ITA)

- 16.30 – 16.50 **Mastopexy: how to combine with implant or mesh**  
**Dennis Hammond** (USA)
- 16.50 – 17.10 **The perfect abdominoplasty**  
**Marcela Sanchez Vargas** (COL)
- 17.10 – 17.30 **Planning breast augmentation**  
**Phillip Blondeel** (BEL)
- 17.30 – 17.50 **Composite breast augmentation**  
**Daniel Del Vecchio** (USA)

## Thursday 6th September 2018

### 07.00 – 08.30 Registration and refreshments

08.30 – 08.45 **Welcome by Jian Farhadi** (UK) & **Jaume Masia** (ESP)

08.45 – 10.15 **Common Problems in Breast Oncology**

Chairs: **Richard Rainsbury** (UK) & **Peter Neligan** (USA)

- Highlights from the St Gallen/Vienna International Breast Conference  
**Michael Knauer** (SWI)
- Highlights from the Oncoplastic Breast Consortium  
**Walter Weber** (SWI)
- The DCIS dilemma: current recommendations and trends  
**Sarah Pinder** (UK) & **Florian Fitzal** (AUS)
- Can chemotherapy be altered when facing wound healing issues?  
**Mark Harries** (AUS)
- The integrated port tissue expander: challenges for the radiologist and radio-oncologist  
**Javier Sanz** (ESP)

### 10.15 - 10.45 Refreshments and exhibition viewing

10.45 – 12.30 **Common Problems in Breast Surgery**

Chairs: **Walter Weber** (SWI) & **Florian Fitzal** (AUT)

- Thin or thick mastectomy flaps? The debate  
**Alberto Rancati** (ARG) & **Tibor Kovacs** (UK)
  - How to assess intraoperative margins  
**Sarah Pinder** (UK)
  - Follow up in BRCA gene mutation patients after risk reducing mastectomy  
**Tari King** (USA)
  - Outcome measures in breast conservation surgery  
**Fiona MacNeill** (UK) & **Andrea Pusic** (USA)
- 12.00 – 12.30 **Keynote Address: in conversation with the Masters of lymphatic surgery**  
**Jaume Masia** (ESP), **Sinikka Suominen** (FIN), **David Chang** (USA), **Peter Neligan** (USA)
- 12.30 – 13.00 **Lunchtime Symposium**  
kindly supported by **Medtronic**  
**Mastering your breast reconstruction: tips and tricks from the experts**

- Optimising results in your autologous breast reconstructions  
**Jaume Masia** (ESP)
- Optimising results in your implant-based reconstructions  
**Nicolas Leymarie** (FRA)

### 12.30 – 13.30 Lunch and exhibition viewing

13.30 – 14.30 **Free Paper Session: Surgical Pearls in Aesthetic and Reconstructive Surgery**  
Chairs: **Mark Ho-Asjoe** (UK) & **Michael Knauer** (SWI)

- Utility of two surgical techniques using a lateral intercostal artery perforator flap after breast-conserving surgery: A single-center retrospective study  
**Kim Jae Bong**, 5 mins + 1 min Q&A
- Pre-pectoral versus retro-pectoral implant-based breast reconstruction: a comparison of the procedure-related



# Scientific Programme

complication rates

**Christine Deutschmann**, 5 mins + 1 min Q&A

- An innovation in mapping techniques to aide lymphatic preservation in axillary lymph node dissection and prophylactic lymphatico-venous bypass using operating microscope  
**Risal Djohan**, 5 mins + 1 min Q&A
- Utilising business intelligence and lean system applications to improve efficiency in breast surgery  
**Margaret Hannah**, 5 mins + 1 min Q&A
- Minimally invasive total extra-peritoneal lap-assisted deep inferior epigastric pedicle harvest: preserving abdominal wall integrity  
**Eric Jablonka**, 5 mins + 1 min Q&A
- Cost-utility analysis of inpatient flap monitoring after microsurgical breast reconstruction and implications for hospital length of stay  
**Eric Jablonka**, 5 mins + 1 min Q&A
- Post-operative wool pads instead of forced-air warming blankets post microsurgical procedures  
**Welmoed Keijzer**, 5 mins + 1 min Q&A
- Breast reconstruction with fat grafting and implant for irradiated breast cancer patients. Standardisation of the technique between one, two and three fat grafts and follow-up  
**Mario Marquez**, 5 mins + 1 min Q&A
- Explantation mastopexy with superior roll technique  
**Si-Hyun Park**, 5 mins + 1 min Q&A
- Autologous breast reconstruction algorithm in the asian patient  
**Jeremy Sun**, 5 mins + 1 min Q&A

14.30 – 15.45 **Common Problems in Oncoplastic Surgery**

**Chairs: Tibor Kovacs (UK) & Nicolas Leymarie (FRA)**

- How to avoid oncoplastic failures in the small breast  
**Isabelle Sarfati (FRA) & Walter Weber (SWI)**
- The medial quadrant: tips and tricks  
**Albert Losken (USA) & Alexandre Munhoz (BRA)**
- How to correct nipple malposition following breast conserving surgery  
**Gregory Evans (USA)**
- Lipofilling: safety and timing in the breast conserving surgery defect and the contralateral breast  
**Michael Knauer (SWI)**
- Contralateral symmetrisation: tips, tricks and timing  
**Marzia Salgarello (ITA)**

15.45 – 16.15 Refreshments and exhibition viewing

16.15 – 16.35 **Thoracic perforator flaps vs mini LD flap**  
**Chairs: Albert Losken (USA) & Chris Andree (GER)**  
**Phillip Blondeel (BEL) & Richard Rainsbury (UK)**

16.35 – 17.15 **The discussion cases: BCS vs mastectomy in DCIS**

**Chairs: Albert Losken (USA), Chris Andree (GER)**  
**Gregory Evans (USA), Sinikka Suominen (FIN), Tari King (USA), Javier Sanz (SPA), Sarah Pinder (UK) & Stefano Pompei (ITA)**

17.15 – 17.45 **Afternoon Symposium**  
kindly supported by **Raise Healthcare**  
**Braxton: Pre-pectoral reconstruction**

**Charles Malata (UK) & Joanna Skillman (UK)**

17.45 – 19.30 LBM Welcome Reception

## Friday 7th September 2018

07.00 – 07.30 Registration and refreshments

07.30 – 08.00 **Breakfast Symposium**  
kindly supported by **Motiva**  
**Nanosurfaces and silicone gel breast implants: current aspects**  
**Alexandre Munhoz (BRA)**

08.00 – 09.30 **Common Problems in Implant-Based Reconstruction**

**Chairs: Nigel Mercer (UK) & Eric Santamaria (Mex)**

- Do's and don'ts in pre-pectoral breast reconstruction  
**Albert Losken (USA) & Roy de Vita (ITA)**
- Direct to implant reconstruction when you can't afford an ADM  
**Alberto Rancati (ARG) & Marcella Sanchez Vargas (COL)**
- Exchange of the expander to permanent implant: timing and technique  
**Alexandre Munhoz (BRA)**
- Fat grafting techniques to permanent implant  
**Isabelle Sarfati (FRA)**
- Immediate nipple grafting: tips and safety concerns  
**Nicolas Leymarie (FRA)**
- Nipple reconstruction in the thin skin envelope  
**Mark Ho-Asjoe (UK)**
- Implant salvage: when do we give up?  
**Stefano Pompei (ITA)**

09.30 – 10.00 **Symposium**  
kindly supported by **GC Aesthetics**  
**Alan Park (UK)**

- Smooth Implants: Back to the future or forward to the past?  
**Fabio Santanelli do Pompeo (ITA)**
- Safety of new generation Silicone breast implants: Excellence in shell, gel and shape  
**Alan Park (UK)**

10.00 – 10.30 Refreshments and exhibition viewing

10.30 – 11.00 **Roundtable discussion: immediate reconstruction in the irradiated breast**  
**Chairs: Andrea Pusic (USA) & Phillip Blondeel (BEL)**  
**Isabelle Sarfati (FRA) & Gregory Evans (USA)**

11.00 – 11.30 **IBSA best practice session: Diagnosis of capsular contracture**  
**Chair: Jian Farhadi (UK)**  
**Roy de Vita (ITA), Nicolas Leymarie (FRA), Jaime Masia (ESP), Chris Andree (GER) & Stefano Pompei (ITA)**

11.30 – 12.00 **Keynote Address: How I changed my practice after learning from my mistakes**  
**Chair: Jian Farhadi (UK)**  
**Patrick Maxwell (USA)**

12.00 – 12.30 **Lunchtime Symposium**  
kindly supported by **Integra**

# Scientific Programme

## Patient-centric decision making around breast reconstruction

Chair: **Gerald Gui** (UK)  
**Ash Khotari** (UK) & **Ash Mosahebi** (UK)

12.00 – 13.00 Lunch and exhibition viewing

13.00 – 14.40 **Autologous Reconstruction: Challenges**

Chairs: **JP Hong** (KOR) & **Koenraad van Landuyt** (BEL)

- Fast track autologous reconstruction service  
**Mark Smith** (USA) & **Christian Bonde** (DEN)
- Large breast, small tummy  
**Venkat Ramakrishnan** (UK)
- Failed flap: how and when to use the second free flap  
**David Chang** (USA) & **Michael Saint-Cyr** (USA)
- Venous congestion: intra-operative and post-operative options  
**Eric Santamaria** (MEX)
- Revision of the reconstruction: when do we stop?  
**Michael Saint-Cyr** (USA)
- Can we fulfill patient expectations?  
**Andrea Pusic** (USA)

14.40 – 14.55 **Special Topic**, kindly supported by **Lockton Malpractice: how to deal with the letter from the lawyer**  
**Flora McCabe** (UK)

14.55 – 15.30 Refreshments and exhibition viewing

15.30 – 17.00 **Autologous Reconstruction: The donor site**

Chairs: **Venkat Ramakrishnan** (UK) & **Jaume Masia** (ESP)

- Planning the donor site  
**Koenraad van Landuyt** (BEL) & **Mark Smith** (USA)
- The abdominal bulge  
**Christian Bonde** (DEN)
- Rectus divarication: to repair or not to repair  
**Gemma Pons** (ESP)
- Seroma: how to prevent and treat  
**Michael Saint-Cyr** (USA) & **Chris Andree** (GER)
- Umbilicoplasty: to preserve or create?  
**Marzia Salgarello** (ITA)
- Panel Discussion: Chronic abdominal pain  
**All Faculty**
- Discussion

17.00 – 17.30 **The Innominate Lecture**

Chairs: **Jian Farhadi** (UK) & **JP Hong** (KOR)

17.30 – 18.00 **Afternoon Symposium**

kindly supported by **Smith and Nephew**

18.00 – 20.00 **Networking Reception**

20.30 – late **Friday night at TRAMP! Mayfair**

## Saturday 8th September 2018

08.30 – 09.00 **Registration and refreshments**

09.00 – 10.15 **Common Problems in Aesthetic Breast Surgery**

Chairs: **Patrick Maxwell** (USA) & **Alberto Rancati** (ARG)

- Addressing the sequelae of upper body in massive

weight loss surgery

**Gregory Evans** (USA)

- The mesh breast lift  
**Roy de Vita** (ITA)
- Pseudoptosis correction post reduction/mastopexy  
**Marcella Sanchez Vargas** (COL)
- How to avoid widening of the areola in periareolar mastopexy  
**Dennis Hammond** (USA)
- Augmentation-mastopexy: safe and easy  
**Phillip Blondeel** (BEL)
- Managing cysts following lipofilling  
**Daniel Del Vecchio** (USA)

10.15 – 10.45 Refreshments and exhibition viewing

10.45 – 12.00 **The Challenging Breast Shape**

Chairs: **Dennis Hammond** (USA) & **Roy de Vita** (ITA)

- Tuberous breast and other deformities: fat grafting vs implant advances  
**Alberto Rancati** (ARG), **Daniel Del Vecchio** (USA), **Constantin Stan** (ROM)
- Transgender breast surgery  
**Marcella Sanchez Vargas** (COL)
- Importance of correct fitting compression wear kindly supported by **Lipoelastic**  
**Karen Perrett** (UK)
- Roundtable discussion: Postop management after aesthetic breast surgery  
**Daniel Del Vecchio** (USA), **Alberto Rancati** (ARG), **Constantin Stan** (ROM)

12.00 – 13.00 Lunch and exhibition viewing

13.00 – 14.45 **Implant-Related Problems in Aesthetic Breast Surgery**

Chairs: **Mark Ho-Asjoe** (UK) & **Gregory Evans** (USA)

- Choice of implant: how has your practice changed in the last 5 years  
**Dennis Hammond** (USA) & **Hyung-Bo Sim** (KOR)
- How to correct rotation/malposition  
**Patrick Maxwell** (USA)
- Forum: Iatrogenic breast deformities following breast augmentation
  - Management of the inframammary crease  
**Constantin Stan** (ROM)
  - The waterfall effect: how to avoid and how to correct  
**Patrick Maxwell** (UK)
- "I just want fat and no more implant"  
**Daniel Del Vecchio** (USA)
- Transaxillary approach for breast augmentation  
**Alexandre Munhoz** (BRA) & **Hyung-Bo Sim** (KOR)

14.45 – 15.15 **ALCL update and panel discussion**  
**Dennis Hammond** (USA), **Nigel Mercer** (UK), **Roger Wixtrom** (USA) & **Roy de Vita** (ITA)

15.15 – 15.45 **What have I changed in my practice in the last year?**

Chairs: **Jian Farhadi** (UK) & **Jaume Masia** (ESP)  
**All Faculty**

15.45 **Close of meeting**





## GENERAL INFORMATION

Wednesday 5th - Saturday 8th September 2018

Royal College of Physicians, 11 St Andrew's Place, Regent's Park, London, NW1 4LE

### Areola Micropigmentation Masterclasses

#### by Finishing Touches Group

Sign up for our Masterclasses on areolar medical micropigmentation to learn how to provide additional services for your patients

#### The Art of the Areola: Beginners Masterclass:

Thursday 6th September,  
17.45 – 18.00

#### Perfecting the Realistic Areola: Advanced Masterclass:

Friday 7th September,  
12.30 – 13.30

For more information, visit:

[www.londonbreastmeeting.com/Programme/AreolaTattooMasterclasses](http://www.londonbreastmeeting.com/Programme/AreolaTattooMasterclasses)

### Confirmed International Faculty

Chris Andree, Germany	Charlotte Ngo, FRA
Phillip Blondeel, Belgium	Sarah Pinder, UK
Christian Bonde, Denmark	Stefano Pompei, Italy
David Chang, USA	Gemma Pons, Spain
Roy de Vita, Italy	Andrea Pusic, USA
Daniel Del Vecchio, USA	Richard Rainsbury, UK
Gregory Evans, USA	Venkat Ramakrishnan, UK
Florian Fitzal, Austria	Alberto Rancati, Argentina
Dennis Hammond, USA	Michael Saint-Cyr, USA
Mark Harries, UK	Marzia Salgarello, Italy
Mark Ho-Asjoe, UK	Eric Santamaria, Mexico
JP Hong, South Korea	Javier Sanz, Spain
Tari King, USA	Isabelle Sarfati, France
Michael Knauer, Switzerland	Hyung-Bo Sim, South Korea
Tibor Kovacs, UK	Mark Smith, USA
Nicolas Leymarie, France	Constantin Stan, Romania
Albert Losken, USA	Sinnika Suominen, Finland
Fiona MacNeill, UK	Koenraad van Landuyt, Belgium
Patrick Maxwell, UK	Marcella Sanchez Vargas, Colombia
Nigel Mercer, UK	Walter Weber, Switzerland
Alexandre Munhoz, Brazil	Roger Wixtrom, USA
Peter Neligan, USA	

### Delegate rates

Until 2nd July

After 2nd July

Standard 3 Day Registration (6-8 Sept)	£580.00 <input type="checkbox"/>	£675.00 <input type="checkbox"/>
Standard Registration with Video Workshops (5-8 Sept)	£660.00 <input type="checkbox"/>	£755.00 <input type="checkbox"/>
Trainee/Nurse 3 Day Registration (6-8 Sept)	£395.00 <input type="checkbox"/>	£495.00 <input type="checkbox"/>
Trainee/Nurse Registration with Video Workshops (5-8 Sept)	£475.00 <input type="checkbox"/>	£575.00 <input type="checkbox"/>
Video Workshop Day Only (5 Sept)	£180.00 <input type="checkbox"/>	£200.00 <input type="checkbox"/>
Nurses Day (6 Sept)	£65.00 <input type="checkbox"/>	£85.00 <input type="checkbox"/>
Friday night at TRAMP (LBM social function) (7 Sept)	£65.00 <input type="checkbox"/>	£65.00 <input type="checkbox"/>
Live Online Broadcast	£120.00 <input type="checkbox"/>	£120.00 <input type="checkbox"/>
London Breast Meeting Online Membership	£250.00 <input type="checkbox"/>	£250.00 <input type="checkbox"/>

### Partnership with Barcelona Breast Meeting:

London Breast Meeting and Barcelona Breast Meeting have teamed up to offer a 25% discount for all those attending both LBM2018 and BBM2018. Visit our website for details: [www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)



### LONDON BREAST MEETING ONLINE LIBRARY:

- If you can't attend the meeting in London, you can follow all the LBM2018 presentations online
- Become a member of our LBM Online Library to access past presentations and additional resources

Visit: <https://live.londonbreastmeeting.com> for more information