

# NEW FOOD: FROM HEALTHY TO NUTRITIOUS TO CLEAN AND ETHICAL

EWA HUDSON GLOBAL HEAD OF HEATH AND WELLNESS RESEARCH

FOOD INNOVATE, AMSTERDAM MAY 2017



### FROM HEALTHY TO CLEAN

GLOBAL ETHICAL LABELS TRENDS

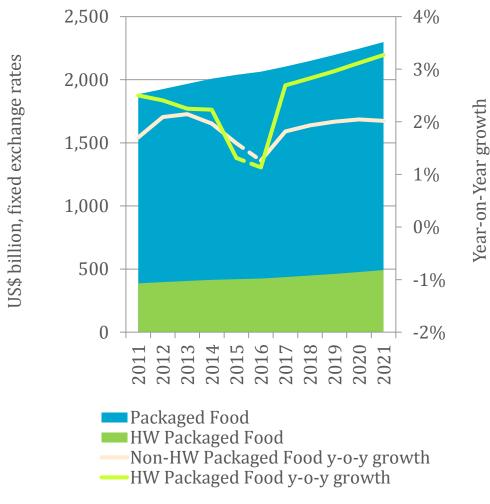
FOCUS: RELIGIOUS, CLEAN, LOCAL AND SUSTAINABLE



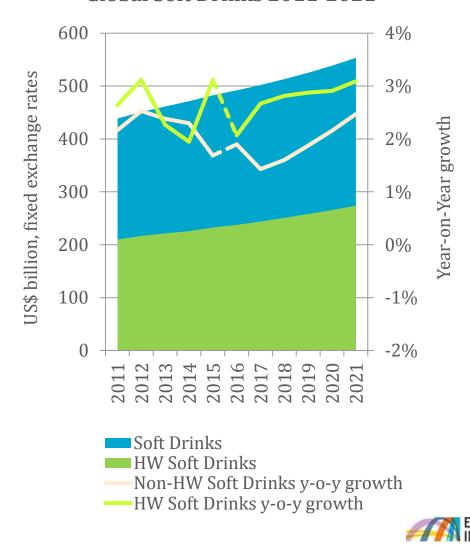
Sustainable Palm Oil

### HW\* continues to outperform the wider food and soft drinks industries

### **Global Packaged Food 2011-2021**



#### Global Soft Drinks 2011-2021



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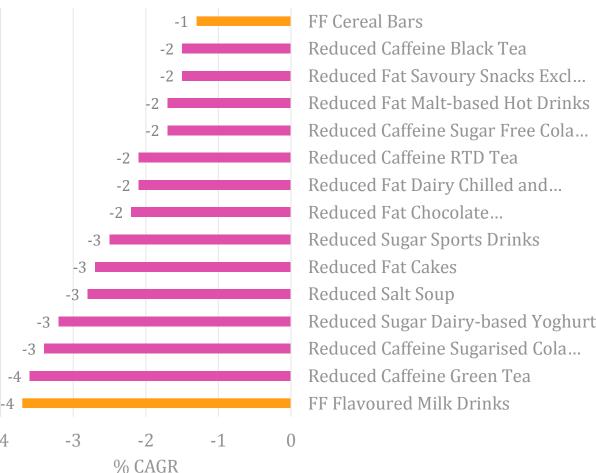
<sup>\*</sup>HW – Health and Wellness

### Growth versus decline in global Health and Wellness

World – Fastest Growing Categories 2016-21

World – Fastest Declining Categories 2016-21







### Rise of organics

### Organic

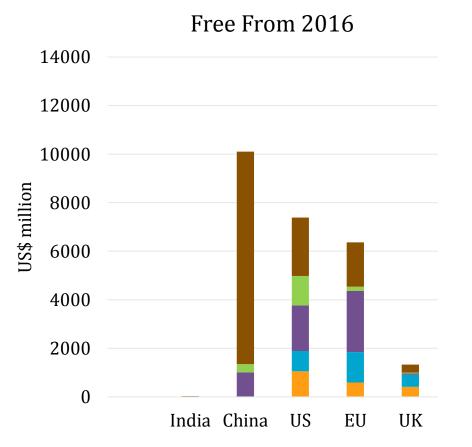


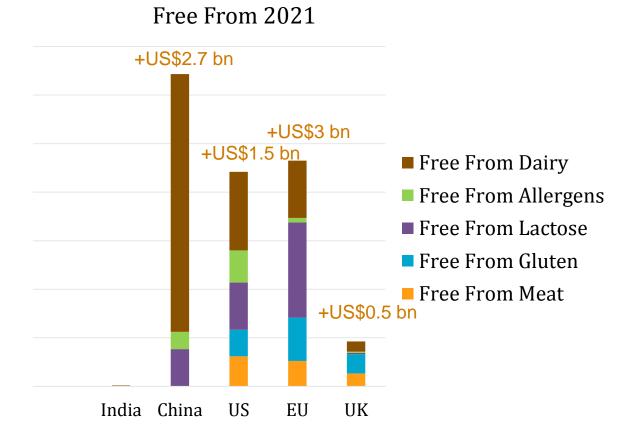






# At US\$32.5 billion globally, the free from movement grows from strength to strength. EU excluding the UK to grow by US\$3bn by 2021



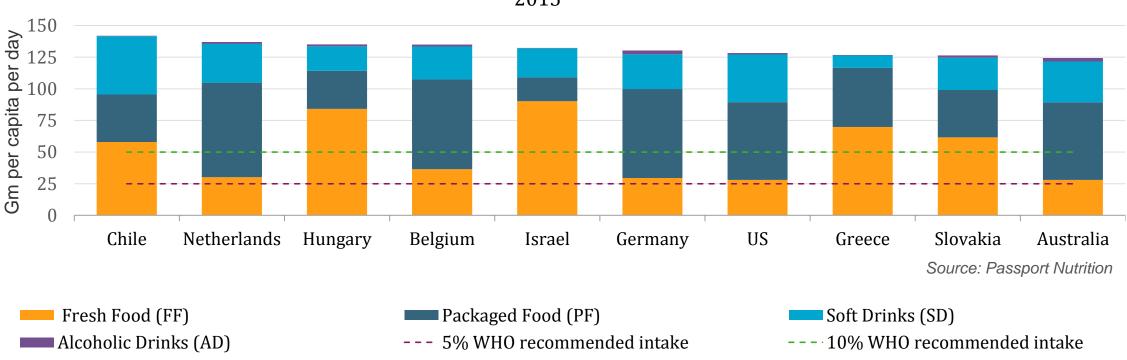


EU data excludes UK



### Welcome to the post sugar world

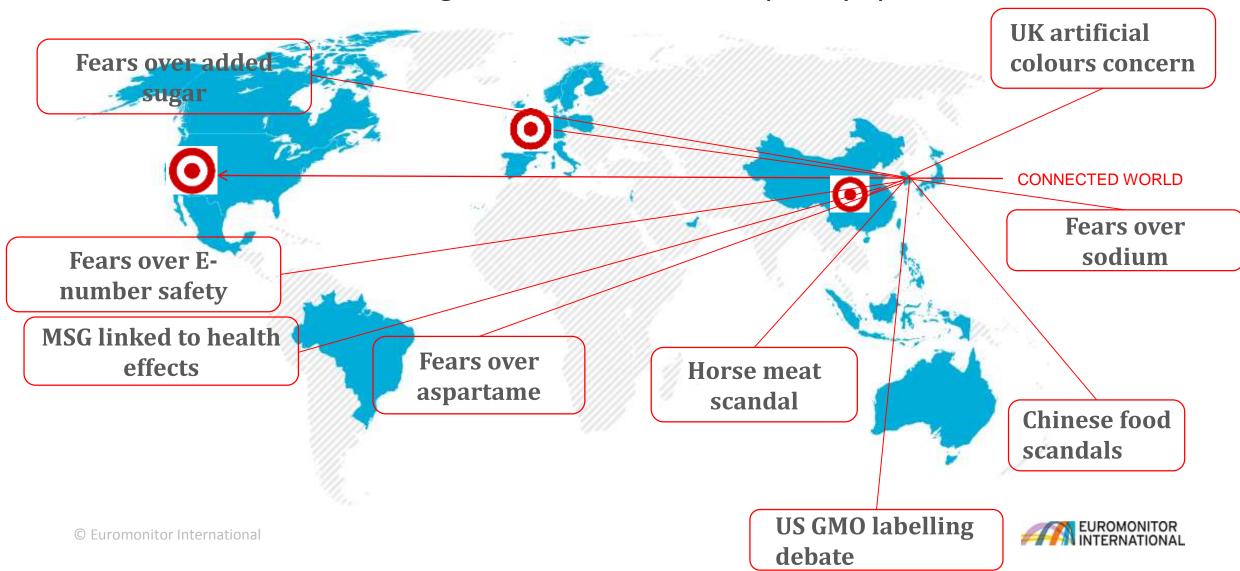




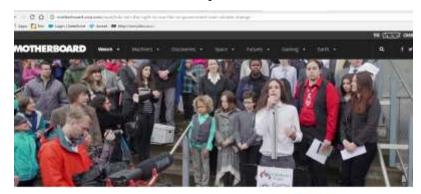
■ The World Health Organization (WHO) recommends that no more than 10% (~50 grams a day) of total calories consumed should come from free sugars, with additional health benefits seen if this is reduced to 5% (~25 grams a day) or below.



# Social concerns rise over society, health, politics, environment, and current affairs; scandals get uncovered; food quality questioned



## Social media - platforms for activist groups, boycotts and petitions; concerns spread fast, whether substantiated or not



Kids Win the Right to Sue the US **Government Over Climate Change** 







47,692 people have signed the petition, target: 50k





Health conditions rise, the science progresses; the food - mood/muscles axis, digestive system being the second brain, food under a big question mark

OBESITY \* MALNUTRITION \* ALLERGIES & IMMUNITY \* INTOLERANCES \* DIGESTIVE PROBLEMS \* IBS \* MUSCLE & JOINT PROBLEMS \* OSTEOPOROSIS \* ANTIBIOTIC RESISTANCE \* MENTAL HEALTH \* LIFE STAGE NUTRITION \* AGEING POPULATION



### Optimising health, what is healthy?

### NUTRITION

#### **NUTRITIOUS & NATURAL**

- Protein (good)
- Energy (bad)
- Fibre (good)
- Sugar (bad)
- Oils (good and bad)
- Salt (bad)

#### HEALTH AND WELLNESS

#### **HEALTHY**

- BFY: reduced sugar, salt, fat
- FF
- Free from lactose, gluten
- Organic
- Naturally healthy

#### **ETHICAL CONCERNS**

#### **HUMAN SUSTAINABILITY**

- BACK TO BASICS:
- Authentic
- Religious labels
- Protected origin, single origin
- CLEAN LABEL:
- free from artificial ingredients, GMOs, antibiotics, hormones, ALL NATURAL
- SUSTAINABILE FOR FARMERS & PLANET:
- Support of local production
- Support of 3rd World farmers and suppliers
- Plant-based food, especially protein
- Organic
- Palm oil

## HOW TO BUILD/REBUILD TRUST IN OUR BRANDS? HOW TO GENERATE GROWTH IN DEVELOPED WORLD???





### FROM HEALTHY TO CLEAN

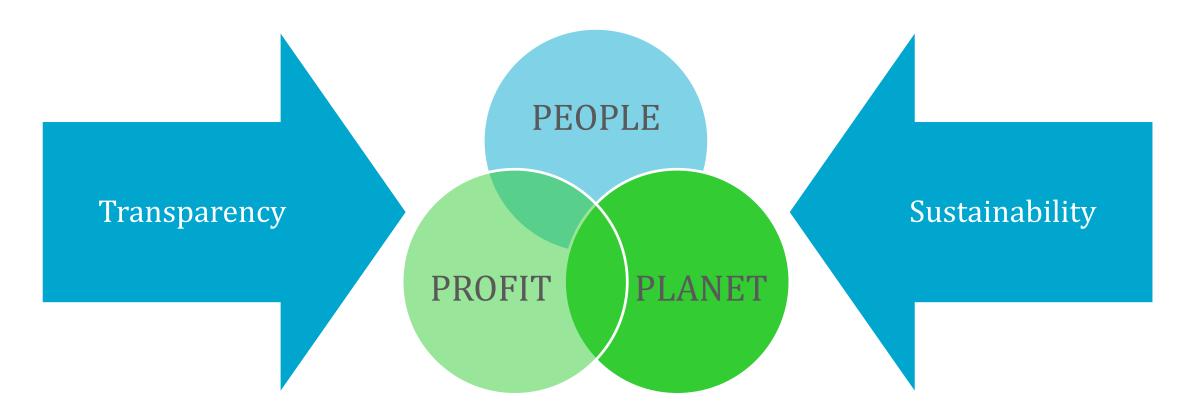
### **GLOBAL ETHICAL LABELS TRENDS**

FOCUS: RELIGIOUS, CLEAN, LOCAL AND SUSTAINABLE



Sustainable Palm Oil

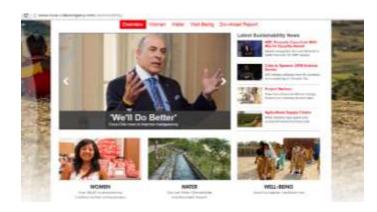
### TRANSPARENCY and SUSTAINABILITY key to building long-term trust



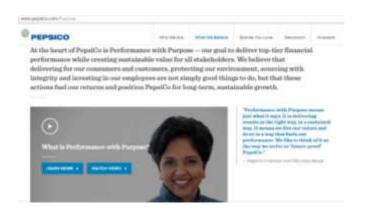
Companies recognise that they have moral responsibilities to all stakeholders that contribute to the success of the company and no longer should the sole purpose be profit. In this context, the planet is a key stakeholder, and with people and profit forms the three pillars of sustainability.



### Strong commitments from market leaders



"We'll do better" - TCCC vows to improve transparency



PepsiCo believes in "Performance with Purpose"

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Nestlé: "We have to stand up for who we are"



"At Unilever, we aim to double the size of our business while reducing our environmental footprint and increasing our positive social impact"







ETHICAL LABELS IS QUANTITATIVE & QUALITATIVE, COMPREHENSIVE, FULLY TRANSPARENT SYSTEM TRANSLATING SOCIAL AND ETHICAL CONCERNS INTO BUSINESS OPPORTUNITIES

COVERING 26 MARKETS & 26 THOUSAND BRANDS ACROSS PACKAGED FOOD, SOFT DRINKS AND HOT DRINKS BASED ON PACKAGING CLAIMS







ENVIRONMENT/ SUSTAINABILITY



ANIMAL WELFARE



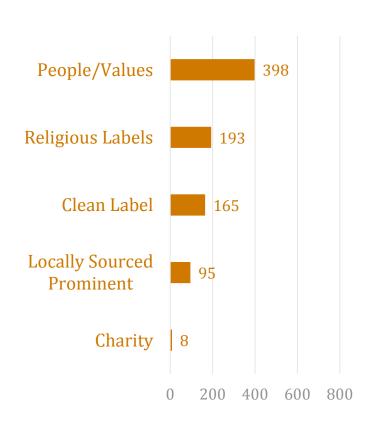
## Packaging key to conveying message to consumers

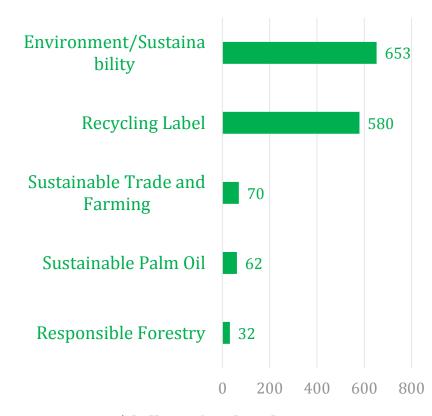
#### **ENVIRONMENT/ ANIMAL** PEOPLE/VALUES **SUSTAINABILITY** WELFARE Sustainable Trade and Farming: Clean Label: Free Range Fairtrade All Natural • UTZ Certified No Artificial Additives Other • No Artificial Colours Marine Sustainability No Artificial Flavours • No Artificial Preservatives Responsible Forestry: No Artificial Sweeteners • Rainforest Alliance • No Monosodium Glutamate • FSC Bird/Insects Friendly • GMO Free Other • BPA Free Sustainable Palm Oil System Grass fed/pasture raised • RSPO/ISPO/MSPO Origin: • Other • Locally Sourced Prominent Vegetarian/Vegan **Recycling Label: Religious Labels:** Widely recycled Halal • Can be recycled Kosher Terracycle • From Sustainable/Renewable Sources Other Charity/Sponsorship © Euromonitor International

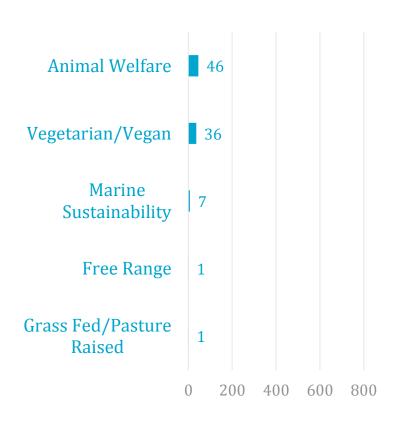
Carbon Footprint/No Air Miles Food

# US\$829 bn Ethical Labels driven by recycling, religious labels, clean label and local source

### Ethical Labels 2015, World, Retail Value





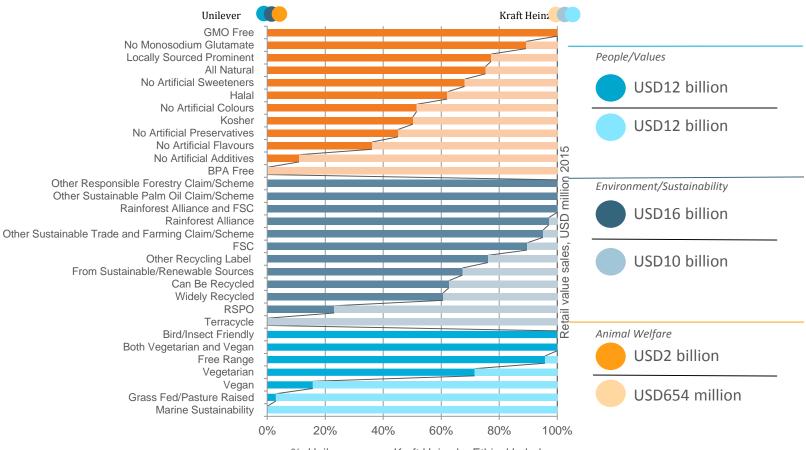


US\$ billion, fixed exchange rates



### Unilever and Kraft Heinz by Ethical Platform

Unilever vs Kraft Heinz, Packaged Food, Soft and Hot Drinks by Value Sales of Products with at Least One Key Ethical Label



%, Unilever versus Kraft Heinz by Ethical Label

Note: Retail value sales of products with at least one packaging claim relating to People/ Values, Environment/Sustainability and Animal Welfare, in 2015





FROM HEALTHY TO CLEAN

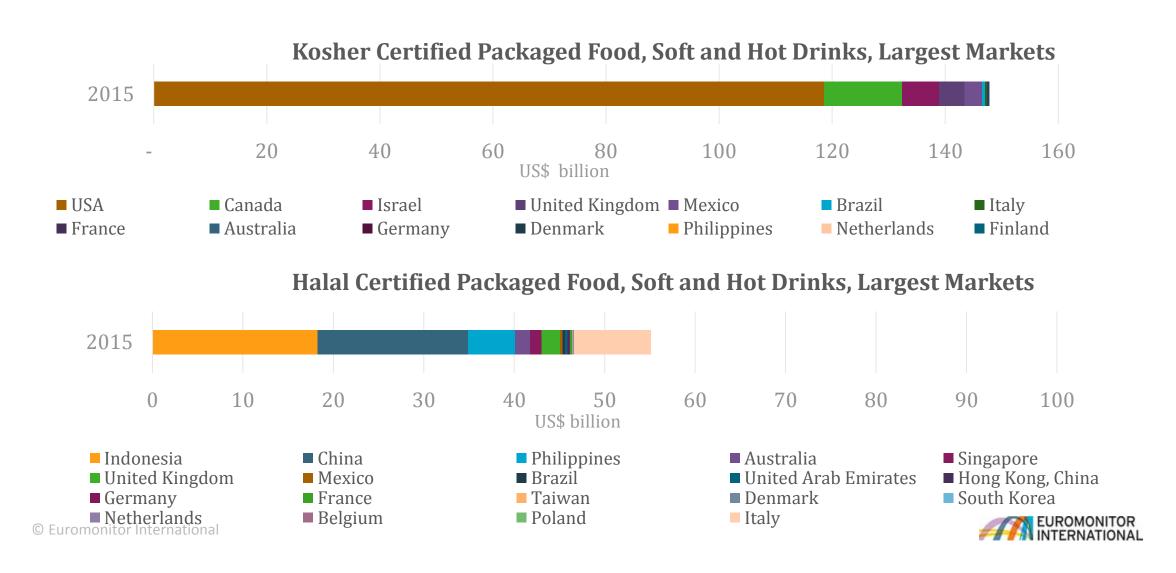
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Sustainable Palm Oil

# Focus: Religious Labels. Kosher-certified in the USA 18 times the size of that in Israel, whilst Indonesia a key market for halal-certified



### Focus: Clean label. A tool to re-establish trust



US\$ 129 b
Packaged Food

US\$34b

US\$3b



## Manufacturers respond to consumer concerns

| Year         | Commitment   | Brand                                | GBO                    |
|--------------|--|--------------------------------------|------------------------|
| <b>2</b> 015 | Remove all artificial flavours and colours.  | All chocolate confectionery products | Nestle USA             |
| 2016         | Removes artificial colours and flavours.   | Becel                                | Unilever               |
| <b>2</b> 016 | Artificial preservatives and dyes removed.<br>Replaced with naturally sourced<br>alternatives, such as turmeric, paprika and<br>annatto. | Macaroni & Cheese                    | Kraft                  |
| •2017        | The company will completely phase out all of its artificial flavours   | All brands                           | General Mills          |
| <b>2</b> 017 | The company will stop using artificial ingredients by 2017.  | All brands                           | Campbell Soup company  |
| 2018         | Remove all artificial colours and flavours   | All brands                           | Kellogg                |
| © Euromoni   | or International   |                                      | EUROMONITO INTERNATION |

### Labelling reflects the commitments







### Which claim is most important from the consumer perspective?





No artificial colours or flavours



Zero added preservatives



Made with real fruit, no artificial colours, preservatives or sweeteners



No added sugar, no additives



Nothing artificial, no added refined sugar



No artificial preservatives, no added MSG, free from artificial colours



100% pure & raw



Water, lime cucumber, BC ...and that's it



No artificial colours or preservatives



Add taste, nothing else

© Euromonitor international



No artificial colours, flavours or preservatives
No added MSG
Vegetarian, vegan and coeliac friendly
Gluten and lactose free



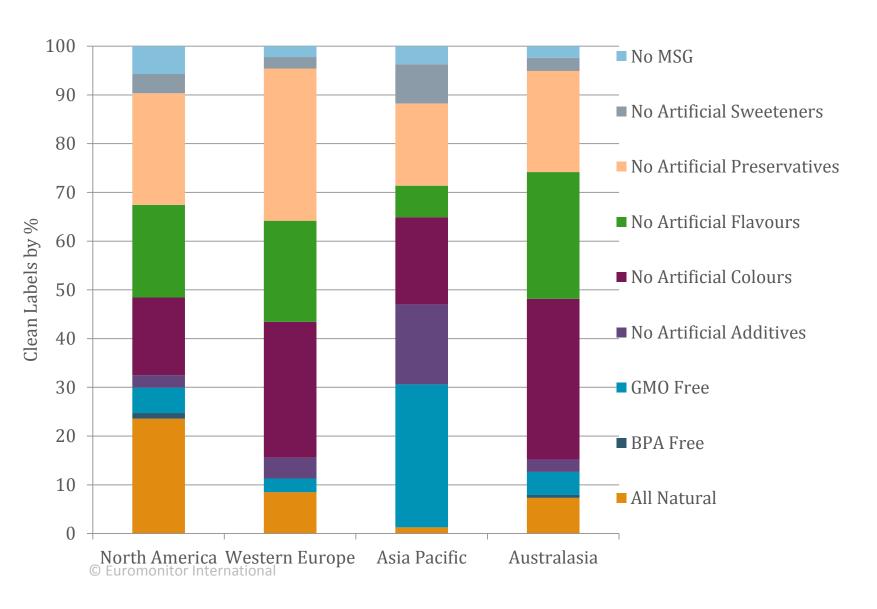
100% natural ingredients, skin & collagen



Cold pressed (never heat)
100% natural ingredients – yes!
Say no to...
Added sugar
Added sweeteners
Added preservatives
Added water



### Driving clean labels by key region



No Artificial Preservatives in W. Europe

No Artificial Flavours popular across the board

In Asia Pacific GMO is most prevalent



Focus: Locally Sourced (read: fresh, straight from the farm, authentic, full of natural goodness, supporting local farmers and the old, good ways, heritage to be proud of)









100% British Milk

Churned from the Cream of British Family Farms

Freshly made on the farm

From cows grazed on the fresh grass of Normandy's mineral rich salt marches



## Locally produced Lay's chips?

Ethical Labels by Brand Share (Global - Historical Owner) | Historical | Retail Value RSP | Ethical Labels by Brand Share (Global - Historical Owner) | Historical | Retail Value RSP | % breakd

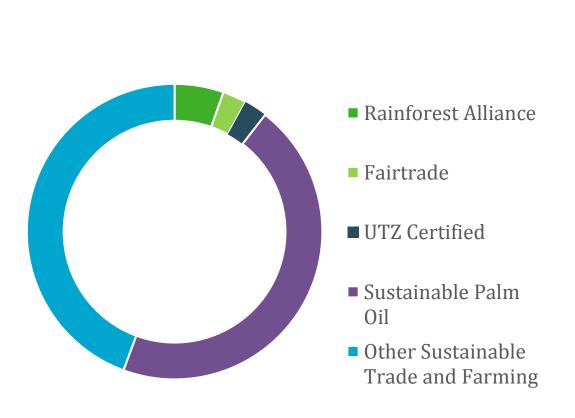
| Change View          | ▼ Bran            | d Company name (GBO)                             | 2015 ▼ |
|----------------------|-------------------|--|--------|
| Locally Sourced Prom | ninent            |  |        |
| World                |                   |  |        |
| Sweet and Savoury S  | Snacks            |  |        |
|                      | Want Want         | Want Want Holdings Ltd                           | 15.1   |
|                      | Lay's             | PepsiCo Inc                                      | 11.1   |
|                      | Strong            | Guangdong Strong<br>(Group) Co Ltd               | 7.2    |
|                      | Oishi             | Liwayway Marketing Corp                          | 6.7    |
|                      | Qia Qia           | Hefei Huatai Food Co Ltd                         | 6.3    |
|                      | Orion             | Orion Group                                      | 5.0    |
|                      | Sanko             | Sanko Seika Co Ltd                               | 2.9    |
|                      | Strong Sweet Hour | Guangdong Strong<br>(Group) Co Ltd               | 2.8    |
|                      | Cheetos           | PepsiCo Inc                                      | 2.4    |
|                      | Labixiaoxin       | Labixiaoxin ( Fujian)<br>Foods Industrial Co Ltd | 2.4    |

| Change View          | ▼ Bra              | and Company name (GBO)  | 2015 ▼ |
|----------------------|--------------------|---|--------|
| Locally Sourced Prom | inent              |   |        |
| World                |                    |   |        |
| Cheese               |                    |   |        |
|                      | Président          | Lactalis, Groupe  | 12.9   |
|                      | Galbani            | Lactalis, Groupe  | 7.7    |
|                      | Cathedral City     | Dairy Crest Group Plc   | 7.4    |
|                      | Entremont          | Sodiaal SA (Société de<br>Diffusion Internationale<br>Agro-alimentaire) | 7.2    |
|                      | Valio              | Valio Oy  | 5.9    |
|                      | La Esmeralda       | Lactalis, Groupe  | 5.8    |
|                      | Lala               | Grupo Lala SAB de CV  | 4.4    |
|                      | Kraft              | Kraft Heinz Co  | 4.2    |
|                      | Snow Brand Hokkaid | o Megmilk Snow Brand Co<br>Ltd  | 3.3    |
|                      | Bega               | Bega Co-operative Society<br>Ltd, The                                   | 3.0    |

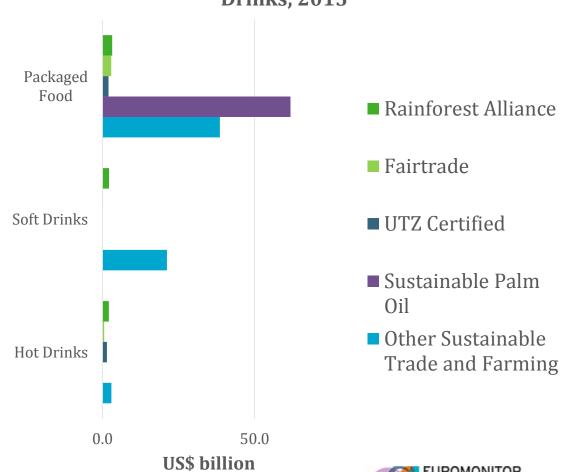


### Sustainable trade and farming key to human sustainability

Sustainable Trade and Farming Schemes by Type (% share), 2015

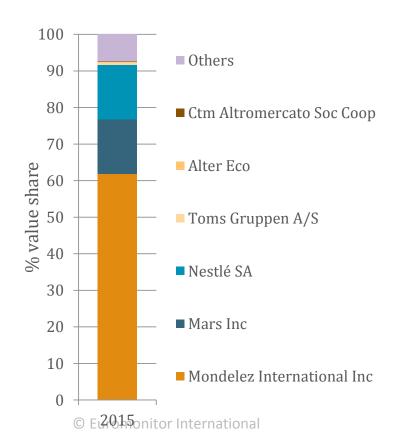


### Leading Sustainable Trade and Farming Schemes for Packaged Food and Soft and Hot Drinks, 2015

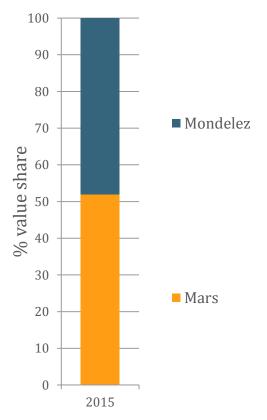


# Mondelez holds a 62% share in Fairtrade Chocolate Confectionery, Mars 52% in Rainforest Alliance, whilst Nestlé leads in UTZ Certified with 39%

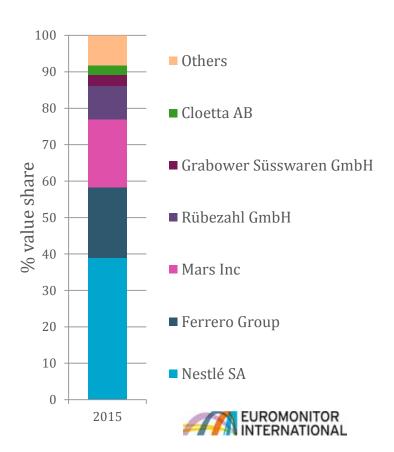
## **Top Fairtrade Chocolate Confectionery Players, World**



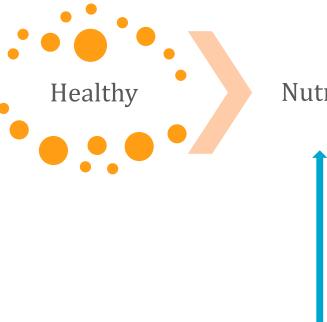
Top Rainforest Alliance Chocolate Confectionery Players, World



**Top UTZ Certified Chocolate Confectionery Players, World** 



### New food



Nutritious

Clean

ean

Ethical

**TRUST** 

HEALTH AND TRANSPARENCY KEY TO ESTABLISHING TRUST





### THANK YOU FOR LISTENING



### **Ewa Hudson**

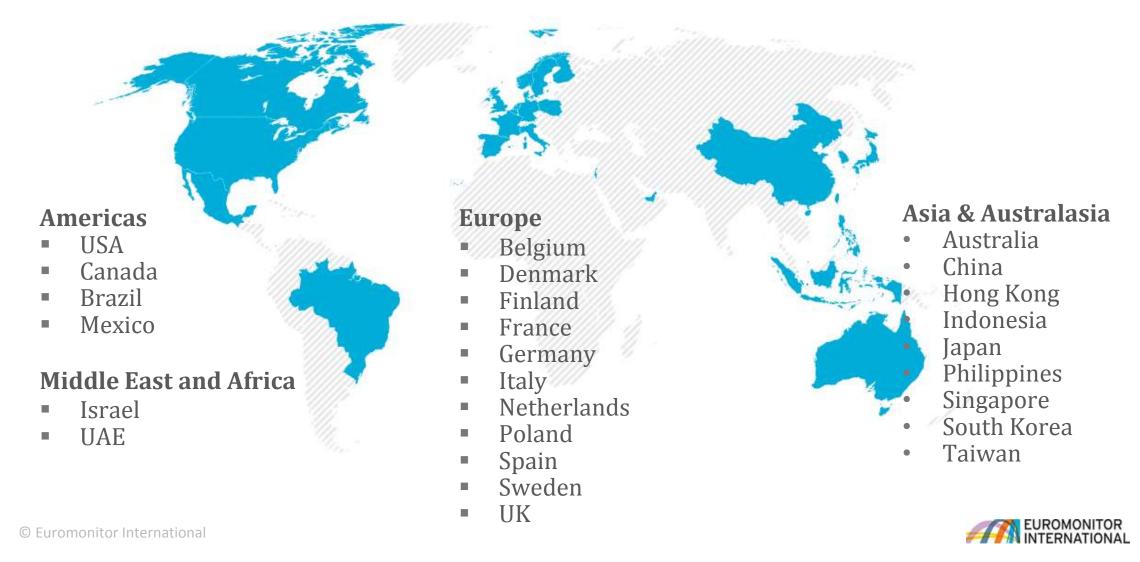
Global Head of Health and Wellness, Nutrition and Ethical Labels Research <a href="mailto:ewa.hudson@euromonitor.com">ewa.hudson@euromonitor.com</a>





Sustainable/No Palm Oil

# 26 markets with the focus on developed countries, 26 thousand brands across packaged food, soft drinks and hot drinks



### Ethical labels methodology

BRAND SALES (RETAIL VALUE)
OF PACKAGED FOOD,
SOFT DRINKS AND HOT DRINKS

**EXCLUDED: PRIVATE LABEL, OTHERS** 

FOR 38 ETHICAL LABELS

Allocation of brands to categories based on recorded label

2015: SUM OF BRANDS WITH AT LEAST ONE ETHICAL LABEL

Scan of CSR reports of ON leading players for commitments that directly affect our forecasts

FORECAST MODEL:
2015 VALUE OF ETHICAL LABELS

+ PK, SD, HD BASE LINE

+ CSR COMMITMENTS

Use of packaged food, soft drinks and hot drinks 2015-2020 growth as a base line for forecast growth

Application of commitments from CSR reports to overwrite the base line growth



## Clean label defined by packaging claims

Lacking a formal definition, Passport: Ethical Label bases its definition in the various claims found on product packaging that stress a shift away from complex artificial ingredients, toward familiar, natural alternatives.

- GMO free/Non-GMO: GMO (genetically modified) foods involve introducing foreign genetic material into an organism artificially, usually to increase yield, increase resistance to disease, extend shelf life or improve food properties (texture, flavour, nutrient value). This category quantifies sales of products under our coverage with a GMO-Free/Non-GMO claim.
- All Natural/100% Natural: These terms refer to the natural properties of the product. Both All Natural and 100% Natural are to be recognised as the same ethical label. This includes references to 'all natural **anything**'.
- Artificial Additives: This category aggregates sales of products with a claim "no artificial additives" and "free from artificial additives" on product packaging.
- Artificial Flavourings: This category aggregates sales of products with a claim "no artificial flavours/flavourings" and "free from artificial flavours/flavourings" on product packaging.
- Artificial Colours: This includes all products with a claim "no/free from artificial colours". Several artificial colours have been banned by food standards authorities after being linked to an increased number of cases of attention deficit hyperactivity disorder (ADHD) and are thus avoided by certain consumers.
- Artificial Sweeteners: This category captures aggregated sales of all products with the claim "no/free from artificial sweeteners" on product packaging.
- Artificial Preservatives: This includes all products with a claim "no/free from artificial preservatives and products with a claim "no/free from parabens". Parabens are a form of artificial preservative and when present in food usually come in the form of E numbers.
- **BPA Free:** All products with a claim referring to "BPA free". BPA (bisphenol A) is an industrial chemical that is used to make certain plastics and resins. BPA is often used in containers that store food and beverages, such as water bottles.



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